









**SONSHINE GARDENS DAYCARE & PRESCHOOL
SNACK & LUNCH MENU**

Meal	Monday – July 22	Tuesday – July 23	Wednesday – July 24	Thursday – July 25	Friday – July 26
AM Snack 	Cereal Banana Milk	English Muffin w/ Melted Cheddar Cheese Peaches Milk	Graham Crackers Apple Sauce Milk	Pancakes Sausages Milk	Yogurt/Granola Milk  Luis! July 28th
Lunch 	Chicken Tacos Corn Strawberries Water	Fish Sticks Tater Tots Broccoli Pineapple Water	Mac & Cheese Green Beans Grapes Water	PB&J Sandwiches Veggie Chips Mandarin Oranges Water	Pizza Fruit Cucumber Water 
PM Snack 	Ritz Crackers Apple Slices Water	Cheez-It Sliced Oranges Water	Chocolate Chip Cookies Fruit Snacks Water	Chex-Mix Yogurt-Covered Raisins Water	Ice Cream Sundae Cups Water 

Breakfast is not included.

Please let us know if your child has any special nutritional needs or allergies to any food items and we will work together to create a menu that meets your child's needs. Our dietician will prepare a new menu each week.