







**SONSHINE GARDENS DAYCARE & PRESCHOOL
SNACK & LUNCH MENU**

Meal	Monday – Nov 18	Tuesday – Nov 19	Wednesday – Nov 20	Thursday – Nov 21	Friday – Nov 22
AM Snack 	Cereal Bananas Milk	Applesauce Sliced Oranges Milk	Yogurt Granola Milk	Bagel and Cream Cheese Pears Milk	Fruit Bar Sliced Apples Milk
Lunch 	Fish Sticks Broccoli Pears Water	Pancakes & Sausage Berries Water	Turkey and Cheese Sandwiches Chips Fruit Cocktail Water	Chicken Alfredo Green Beans Mandarin Oranges Water	Pizza Grapes Carrot Sticks Water 
PM Snack 	Ritz Crackers Cuties Water	Vanilla Wafers Bananas Water	Graham Crackers Fruit Snacks Water	Chex's Mix String Cheese Water	Cheese Crackers Raisin Water

Breakfast is not included.

Please let us know if your child has any special nutritional needs or allergies to any food items and we will work together to create a menu that meets your child's needs. Our dietician will prepare a new menu each week.