








DECEMBER

SONSHINE GARDENS DAYCARE & PRESCHOOL

SNACK & LUNCH MENU

Meal	Monday- Dec 15	Tuesday – Dec 16	Wednesday – Dec 17	Thursday- Dec 18	Friday – Dec 19
AM Snack 	Cereal Banana Milk	Applesauce Granola Milk	Oatmeal Pears Milk	Yogurt, Granola & Milk	Fruit Bar Peaches Milk 
Lunch 	Chicken Nuggets Mashed Potatoes Corn Sliced Apples Water	Pancakes & Sausage Berries Water	Turkey & Cheese Sandwiches, Chips Grapes Water	Fish sticks Broccoli Peaches Water	Pizza Cucumbers Fruit Water 
PM Snack 	Ritz Crackers String Cheese Water	Chex's Mix Cuties Water	Crackers/Cheese Raisins Water	Fruit Snack Animal Crackers Water	String Cheese Apples Water 

Breakfast is not included.

Please let us know if your child has any special nutritional needs or allergies to any food items and we will work together to create a menu that meets your child's needs. Our dietician will prepare a new menu each week.