



# FEBRUARY

SONSHINE GARDENS DAYCARE & PRESCHOOL  
SNACK & LUNCH MENU

Meal	Mon – Feb 2	Tuesday – Feb 3	Wednesday – Feb 4	Thursday – Feb 5	Friday – Feb 6
AM SNACK	Bagels Bananas Milk	Oatmeal Apple Slices Milk	Applesauce Granola Milk	Yogurt Strawberries Milk	English Muffins Grapes Milk
LUNCH	Chicken Nuggets Corn Pears Water	Cheese Quesadilla Broccoli Peaches Water	Turkey & Cheese Sandwiches Cheetos Grapes Water	Spaghetti & Meatballs Green Beans Mandarin Oranges Water	Pizza Cucumber Slices Fruit Water
PM SNACK	Chex Mix String Cheese Water	Goldfish Crackers Orange Slices Water	Animal Crackers Fruit Snacks Water	Graham Crackers, Raisins & Water	Cheeze-it, Cuties, & Water

Breakfast is not included.

Please let us know if your child has any special nutritional needs or allergies to any food items and we will work together to create a menu that meets your child's needs. Our dietician will prepare a new menu each week.