



SONSHINE GARDENS DAYCARE & PRESCHOOL
SNACK & LUNCH MENU

Meal	Monday – Mar 16	Tuesday – Mar 17	Wednesday – Mar 18	Thursday – Mar 19	Friday – Mar 20
AM Snack 	Cereal Banana Milk	Yogurt Strawberries Milk  Wear Green!	Bagels & Cream Cheese Sliced Apples Milk	Fruit bar Mandarin Oranges Milk	Apple Sauce Granola Milk
Lunch 	Fish Sticks Corn Grapes Water	Chicken Patties Tator Tots Apple Slices Water 	Ham & Cheese Sandwiches Chips Peaches Water	Hot Dog on a Bun Baby Carrots Fruit Cocktail Water	Pizza Cucumbers Fruit Water 
PM Snack 	Gold fishes Fruit Snacks Water	Graham Crackers Sliced Oranges Water	Cheese it Raisins Water	Wheat Thins String cheese Water	Animal Crackers Cuties Water

Breakfast is not included.

Please let us know if your child has any special nutritional needs or allergies to any food items and we will work together to create a menu that meets your child's needs. Our dietician will prepare a new menu each week.