









SONSHINE GARDENS DAYCARE & PRESCHOOL SNACK & LUNCH MENU

Meal	Monday – May 18	Tuesday – May 19	Wednesday – May 20	Thursday – May 21	Friday – May 22
AM Snack 	Cereal Bananas Milk	Fruit bar Strawberries Milk	Yogurt Peaches Milk 	English Muffins Mandarin Oranges Milk	Apple Sauce Granola Milk
Lunch 	Cheese & Ham Quesadilla Broccoli Grapes Water	Chicken Patties Green Beans Mixed Fruit Water	Turkey & Cheese Sandwiches Chips Pineapple Slices Water	Mac & Cheese Corn Pears Water	Pizza Fruit Water 
PM Snack 	Graham Crackers Sliced Oranges Water	Oatmeal Cookies Raisins Water	Wheat Thins Sliced Apples Water	Goldfish Crackers String cheese Water	Ice Cream Cone Water 

Breakfast is not included.

Please let us know if your child has any special nutritional needs or allergies to any food items and we will work together to create a menu that meets your child's needs. Our dietician will prepare a new menu each week.