



SONSHINE GARDENS DAYCARE & PRESCHOOL SNACK & LUNCH MENU

Meal	Monday – July 20	Tuesday – July 21	Wednesday – July 22	Thursday – July 23	Friday – July 24
AM Snack 	Cereal Banana Milk	English Muffins Peaches Milk	Apple Sauce & Granola Milk	Toaster Pastries Grapes Milk	Yogurt Strawberries Milk
Lunch 	Chicken Tacos Corn Strawberries Water	Fish Sticks Tater Tots Broccoli Grapes Water	Turkey & Cheese Sandwiches Chips Pears Water	Mac & Cheese Green Beans Mandarin Oranges Water	Pizza Fruit Cucumber Water 
PM Snack 	Ritz Crackers Apple Slices Water	Cheez-It Sliced Oranges Water	Chocolate Chip Cookies Fruit Snacks Water	Chex-Mix Yogurt-Covered Raisins Water	Ice Cream Sundae Cups Water 

Breakfast is not included.

Please let us know if your child has any special nutritional needs or allergies to any food items and we will work together to create a menu that meets your child's needs. Our dietician will prepare a new menu each week.