

August / September

SONSHINE GARDENS DAYCARE & PRESCHOOL SNACK & LUNCH MENU

Meal	Mon – Aug 31	Tuesday – Sept 1	Wednesday – Sept 2	Thursday – Sept 3	Friday – Sept 4
AM SNACK 	Cereal Bananas Milk	Yogurt Peaches Milk	Toasted Bagels Cream Cheese Milk Sliced Apples	Fruit Bar Slice Oranges Milk	Applesauce & Granola Milk
LUNCH 	Mini Corn Dogs Corn Apple Slices Water	Fish sticks Tater Tots Pears Water	Turkey & Cheese Sandwiches Chips Grapes Water	Spaghetti / meatballs Green beans Sliced Oranges Water	Pizza Sliced Cucumber Fruit Water 
PM SNACK 	Ritz Crackers String Cheese Water	Grapes Oatmeal cookies Water	Raisins Chex mix Water	Sliced apples Corn chips Water	Cuties Oranges Pretzels Water

Breakfast is not included.

Please let us know if your child has any special nutritional needs or allergies to any food items and we will work together to create a menu that meets your child's needs. Our dietician will prepare a new menu each week.