



**SONSHINE GARDENS DAYCARE & PRESCHOOL
SNACK & LUNCH MENU**

Meal	Monday – Sept 14	Tuesday – Sept 15	Wednesday – Sept 16	Thursday – Sept 17	Friday – Sept 18
AM Snack 	Cereal Banana Milk	Apple Sauce & Granola Sliced Oranges Milk	Yogurt Peaches Milk	Oatmeal Sliced Apples Milk	Fruit bar Mandarin Oranges Milk
Lunch 	Chicken Salad on Bun Green Beans Pears Water	Spaghetti w/Meatballs Broccoli Mandarin Orange Water	Ham & Cheese Sandwiches Peaches Chips Water	Chicken Nuggets Mashed Potatoes Pears Water	Pizza Cucumbers Grapes Water 
PM Snack 	Gold Fishes Cheese Slices Water	Graham Crackers Bananas Water	Cheese-it crackers Raisins Water	Wheat Thins String cheese Water	Animal Crackers Cuties Water

Breakfast is not included.

Please let us know if your child has any special nutritional needs or allergies to any food items and we will work together to create a menu that meets your child's needs. Our dietician will prepare a new menu each week.