







**SONSHINE GARDENS DAYCARE & PRESCHOOL
SNACK & LUNCH MENU**

Meal	Monday – July 29	Tuesday – July 30	Wednesday – July 31	Thursday – Aug 1	Friday – Aug 2
AM Snack 	Cereal Bananas Milk	Fruit Bar Apple Slices Milk	Bagel, Strawberries, Milk	Yogurt Pears Milk	Applesauce Granola Milk
Lunch 	Fish Sticks Tater Tots Pineapple Water	Grilled Cheese Sandwich Broccoli Peaches Water	Chicken Tacos Corn Fruit Cocktail Water	Spaghetti & Meatballs Grapes Water	Pizza Fruit Cucumber Water 
PM Snack 	Ritz Crackers Cuties Water	Vanilla Wafers Bananas Water	Graham Crackers Fruit Snacks Water	Chocolate Chip Cookies Raisins Water	Chex's Mix String cheese Water

Breakfast is not included.

Please let us know if your child has any special nutritional needs or allergies to any food items and we will work together to create a menu that meets your child's needs. Our dietician will prepare a new menu each week.