



# JULY

## SONSHINE GARDENS DAYCARE & PRESCHOOL SNACK & LUNCH MENU

Meal	Monday – July 8	Tuesday – July 9	Wednesday – July 10	Thursday – July 11	Friday – July 12
AM Snack 	Cereal Banana Milk	Toaster Pastries Sliced Oranges Milk	Yogurt, Peaches, & Milk	Applesauce Granola Milk	English Muffin Strawberries Milk 
LUNCH 	Chicken Patties On a Bun Corn Grapes Water	Fish Sticks Tater Tots Sliced Apples Water	PB&J Sandwiches Pineapple Veggie Chips Water	Mac & Cheese Green Beans Peaches Water	Pizza Sliced Cucumber Fruit Cocktail Water 
PM Snack 	Ritz Crackers Fruit Snacks Water	Wheat Thins String Cheese Water	Goldfishes Cuties Water	Chex's Mix Raisins Water	Ice Cream Cone Water 

Breakfast is not included.

Please let us know if your child has any special nutritional needs or allergies to any food items and we will work together to create a menu that meets your child's needs. Our dietician will prepare a new menu each week.